# OneWith Session #1: Orientation/Training

# September 22, 2019

# Gathering (5:45-6:00)

- Welcome youth. Name tags for everyone.
- Direct youth to their Rotation #1 locations.

# Rotation #1 (6:00-6:30)

9th Grade Discipleship Groups: OneWith Orientation (St. Joseph Hall – Barry/Tony)

- **OneWith** *format*, *core competencies*, *expectations*, *highlights of the year*.
- Discipleship 101 preview and importance.
- Ice Breaker games.

#### 10<sup>th</sup> Grade Discipleship Groups: Liturgical Training (Worship Space- David Stevens)

• Liturgy of the Word "Boot Camp"

#### 11<sup>th</sup> Grade Discipleship Groups: Group Time (D-Group meeting locations – Group Leaders)

• Leaders please see "Group Time Detail" for important information to pass to your teens.

# Rotation #2 (6:30-7:00)

#### 9th Grade Discipleship Groups: OneWith Orientation – B (St. Joseph Hall – Tony)

• Name games, Small group time.

## 10th Grade Discipleship Groups: OneWith Orientation (Chapel - Barry)

- Core Competency Review, Theological focus/project 2019-20
- Touch on connection & differences between **OneWith** and Confirmation Prep ("Gifted")

## 11<sup>th</sup> Grade Discipleship Groups: Liturgical Training (Worship Space – Jeff Hovland)

- Eucharistic Ministry "Boot Camp"
- Please note: Liturgical training is likely to take 40-45 minutes (running over into Rotation #3). Move to St. Joseph Hall after your training is complete for your **OneWith** Orientation.

## Rotation #3 (7:00-7:30)

## 9th Grade Discipleship Groups: Liturgical Training (Worship Space – Hieu Tu)

Hospitality Ministry "Boot Camp"

## 10th Grade Discipleship Groups: Group Time (D-Group meeting location – Group Leaders)

• Leaders please see "Group Time Detail" for important information to pass to your teens.

#### 11th Grade Discipleship Groups: OneWith Orientation (St. Joseph Hall-Barry)

• Please note: **OneWith** orientation will take 15-20 min for 11<sup>th</sup> graders. Join Barry in St. Joe Hall after you complete your EM training (Rotation #2).

# Bonfire/S'Mores (7:30-8ish weather permitting)

**Everyone invited** 

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# **OneWith** Orientation/Training

September 22, 2019

## Discipleship Group Time 9th Grade Detail

## **Discipleship Group Time** (30 – Discipleship Group Leaders)

## **I. Group mixers** (St. Joseph Hall).

- Tony Ducklow will lead large games.
- Tony will give instructions for Small Group exercises

## **II. Discipleship Group Expectations**

## **Discipleship Group Business**

- Focus on faith practices not facts
  - o Focus on Catholic Liturgy (aka Mass) what the rites and rituals mean, training and participation in all liturgical ministries.
  - Focus on Sacred Scripture (aka the Bible) how Catholics read/use scripture, practices for personal use.
  - Focus on Faith Sharing discussions on what you believe, asking questions that you have
- Faith Sharing format
  - Everybody shares
  - Make it real let's have authentic discussions on faith and how that impacts your life. Let's not settle for "I don't know"/answers you think everyone wants to hear...
  - o Be curious: **OneWith** format encourages questioning, reflection and action.
  - Don't be afraid to ask questions... If you are thinking it, chances are someone else is too – Be the One. Be the one to ask that question..
- Respect: Be kind to each other!
  - $\circ$  We are all precious children of God! Treat others like the royalty they are.
- Snacks? (Must be in first 10 minutes unless you want to start before 5:45)
  - Once we start Mass (5:55)... it's all Mass (even reflection time) until we dismiss at 7:30.

## III. OneWith Goals/Expectations

(You should not have to go in great  $\overline{d}$ etail – as most of this will be covered in the Orientation section, but please stress these points and ask for questions/clarifications).

## Participate in Mass

- Engage mentally
  - "Active" listening to Scripture/homily
  - Think about the meanings in the prayers and actions during the Mass ("Collect"/Eucharistic prayers, "Mass Moments", etc.)
- Engage physically
  - o Make noise! Let's hear you speak the responses and sing the songs.
  - $\circ\quad$  Let your posture reflect your reverence toward God.

#### "Mass Moment"

• The "Mass Moment" will be introduced (at 5:55 sharp! – please be there).

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• Pay close attention - this will be part of your group reflection.

#### "Scripture Reflection"

The 3-step skill of **Listening** to/reading Scripture (the Bible) – **Analyzing** the wisdom/truth/lessons from God's Word – Applying these teachings in the context of our own life... is essential for all Christians and a **OneWith Core Competency**.

- Pay close attention to the 2 Scripture readings (by youth), the Gospel reading (by the priest/deacon) and the homily (also priest or deacon).
- Not only is this the *Word & Wisdom of God*, but a detailed reflection and discussion on these readings will be the heart of your group reflection.
- Y'all are smart! Let's have an intelligent discussion.
  - o What was said / what wisdom or lessons can you draw out.
  - o How can these lessons/wisdom apply to our world today (in general)
  - o How can these lessons/wisdom apply to your life (specifically)

**Discipleship Commitment**: Each session you will be given a challenge to practice your faith in some specific way.

- You will be asked to write down a short account of your act of love/mercy/justice and offer it as part of the *Presentation of Gifts* at Mass.
- This is a gift of your "time, talent, or treasure" many youth write down prayer intentions/or a hope... express those during prayer intentions **DC** should be a recent action or commitment to action.
- This is your gift to God! (Do you really want it to be "*I held a door open for someone*"?). Don't settle or sell yourself short; flex your faith muscles commit to make a difference in the world!

#### Attendance

- Please be here for yourself, for your group and for God.
- Please be on time.
- At *Teaching Mass* sessions, if you cannot attend the entire session, you really should not attend (*Hint–arriving/leaving part-way through Mass* is *considered to be VERY disrespectful... to God*). If you have to leave (sick, etc.) you must check out with your group leader AND sign out with the office.
- If you cannot attend a session please see the instructions for **OneWith Make-up Options** (**OneWith** website).
- The PCYI Session (December 15<sup>th</sup>) is a mandatory session that everyone must attend.
- OneWith and "Gifted" (Confirmation Prep) are two different critters. OneWith Make-ups do not count for "Gifted" or visa versa.

#### IV. OneWith Schedule

Look at Schedule for the year.

- Discipleship 101
- Youth Protection Session
- Living Stations Sessions.

## **Etc...** (if you are interested or as time allows)

#### **Bond!**

Meet outside of **OneWith** formation sessions...

- Do projects/events together as a group?
  - Technology Retreat (fun/short 1 point retreat great for bonding)
  - o Feed My Starving Children Mobile Pack Event (Feb. 2020)
  - o Make up your own project
  - ChristPower
  - o More!

#### **Misc. Mass Etiquette:**

YES, please:

- o Visit the Baptismal Font (dip your fingers in the water and make the Sign of the Cross).
- o Before you sit, bow toward the altar and/or genuflect toward the tabernacle (the marble thingy by the big windows).
- Welcome those around you, but use your "inside voice"... be aware that others may be praying.

Please be respectful – you are in the presence of God!

- Mass is a time to focus on worship God (primarily), being attentive to our interior spiritual life/relationship with God (secondarily) and being present/witness to the Christian community (a very close 3<sup>rd</sup>)... so you might be able to see that behaviors that detract (us and others) from those foci are not desirable (perhaps even sinful)... On the other hand, behaviors that help (us and others) enhance these foci (singing, being attentive to God's Word, participating in spoken responses/prayers, etc. are not merely expected, but truly appreciated.
- You may or may not be surprised to know that it is considered disrespectful to... run, climb on/over/under pews, sleep, slouch, check your phone, check your phone while you are pretending to pray, yell across the sanctuary to others, eat, drink, chew gum, swear, wear a hat (but only if you are a guy not really sure why the gals get a pass, but it's a thing), "make faces", text, text while pretending to pray, wear head phones/ear buds, pass notes, wrestle, throw things at others, hoodie up, stealing shoes, etc.\*
- o It should surprise no one *that it is considered especially disrespectful/rude to...* talk/visit with others during prayers, readings, songs, congregational responses, homily, etc.

<sup>\*</sup> Sorry to mention these obvious examples by name, but all have actually happed at OneWith