



**OneWith** community, **OneWith** faith, **OneWith** Christ.

*December 15, 2019*

**Youth Protection Session** (no Mass)  
**Session #7 ~ All Grades**



**PCYI** (Protection of Children and Youth Initiative):

Children and Youth Personal Safety Instruction

*"Catholic schools and parish faith formation, sacramental preparation and youth ministry programs throughout the archdiocese began teaching children and youth about personal safety and sexual abuse prevention in 2006.*

*The personal safety lessons teach children and youth basic skills that help keep them safe from dangerous or abusive situations either in person or online. Young people are taught to check with a trusted adult first, say no when confronted with an uncomfortable situation and are encouraged to share concerns with a trusted adult."* <http://safe-environment.archspm.org/>

**Learning Outcomes:**

- Our Catholic Tradition teaches that human life is sacred and that the dignity of the human person is the foundation of a moral vision for society.
- Jesus taught and lived the practice of actively reaching out to/standing up for the poor and marginalized in society.
- The 3D's of Bystander Awareness (Direct/Distract/Delegate) offer strategies to help us act with justice, courage and love for others.



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## Youth Protection Session Outline

### Bystander Intervention

December 15, 2019 (5:45-7:30 pm)

- 5:45 – 5:55 Gather /Sign-in (St. Joseph Hall)
- 5:55 – 6:00 Welcome/Introductions -Barry
- 6:00 – 7:15 “Bystander Intervention Training” – Katie Kelly / Discipleship Groups
- 7:15 – 7:?? “Christmas Social Time”

### Youth Protection Session Attendance:

*While recording attendance is always a best practice we follow at each session, accurately recording attendance at our “Youth Protection” sessions is especially critical for auditing purposes. The Archdiocese of St. Paul and Minneapolis mandates each parish to present “Safe Environment Programing” to a minimum of 90% of registered participants. Needless to say this is a significant threshold to meet so it is critical that we are able to account for everyone present as well as the ability to follow-up with all youth who miss this session.*

*Youth who are unable to attend this session will be required to complete make-up materials designated by the archdiocese before or during future OneWith Sessions by April 25, 2020.*

### Setup

- Projection and Sound
- Mic (Speaker)
- Cordless (Barry)
- Prayer for Teens (Handout and volunteer reader)
- Handouts (printed set for each group)
- Parish Laptop (backup)
- Guest WiFi Password: c4rp3nt3r

## Youth Protection Session - Detail

### 5:45 – 5:55 Gather /Sign-in (St. Joseph Hall)

- Youth will sign-in before the session starts at 5:55 pm.
- Sign-in sheets will be set out on separate tables, by grade.
- Youth should sit at a table(s) with their Discipleship Group.

*It will be very helpful to have several group leaders who could arrive early to direct teens to their sign-in table, announce instructions, “direct traffic”, etc.*

*If you can arrive by 5:30, and wish help with this bit of logistics please let me know.*

### 5:55 – 6:00 Welcome/Introductions (Barry)

*[Barry Notes] Make sure everyone has signed in. Announce the importance of signing in... you will be hunted down! Please sign-in now... Everyone sit with D-Group... Group Leaders, please make sure you have your reflection handouts, there should be one for each group... Please bow your head for our opening prayer....*

*[Opening Prayer – see handout]*

*[Introduction]* Tonight, **Bystander Intervention Training** is being presented to you as a practical forum to “encounter” and address topics of racism, mental health, sexual assault, and alcohol use/abuse.

In the Gospels, we see time after time how Jesus taught and lived the practice of actively reaching out to/standing up for the poor and marginalized in society. Further, our Catholic Tradition teaches us that all human life is sacred and that the dignity of the human person is the foundation of a moral vision for society.

**Catholicism is NOT a spectator sport!** Each of us... each one of you is called by your baptism, by Jesus himself to be agents of mercy, justice and love in the world... today...

Our guest speaker tonight is Katie Kelly. Katie is the Youth Ministry and Confirmation Coordinator at St. Stephen’s in Anoka. She earned a *Bachelor’s of Arts in Theology* from the College of Saint Benedict and is currently pursuing a *Masters of Arts in Ministry* at St. John’s University School of Theology.

Please give you undivided attention to – and warm “St. Joe’s Welcome” for... Katie Kelly.

### 6:00 – 7:15 “Bystander Intervention Training” (Katie Kelly)

**Leader Note:** *It is my understanding that most of the session will be spent sitting with your Discipleship group at a table. Katie will introduce topics, show videos and invite youth to discuss their reactions with other members of your group.*

*Katie has alluded to an exercise that she calls “the 4 corners”. I don’t really know what that entails but if I had to guess it might mean some movement/rearranging at some point in the presentation. Your flexibility and patience is appreciated.*

*Katie will also be providing handouts for leaders to help you facilitate the table discussions. I will make one set for each leader (on the table by the Kitchen).*

## **7:15 – 7:?? Final Reflection/“Christmas Social Time**

*This is your time wind down and socialize as a small group. Take whatever time you need to discuss the presentation. If your group has specific questions or would like additional information beyond your scope of knowledge, flag me down and we will try to arrange for Ms. Kelly drop into your room before the night is up.*

*Outside of that, the balance of the session is yours to catch up, have some Christmas socializing, or otherwise use as you see fit. Please hold everyone until at least 7:30 but you are welcome to stay as long as you like.*

*Let me know if you would like treats, a pitcher of lemonade/water, etc. St. Joe would love to provide that for you but please let me know by noon on Saturday (12/14).*

*~ Barry*





## Resources

**Archdiocesan Safe Environment:** <http://safe-environment.archspm.org/>

**USCCB Charter for the Protection of Children and Young People:**

<http://safe-environment.archspm.org/download/charter-protection-children-young-people-essential-norms-diocesan-eparchial-policies-dealing-allegations-sexual-abuse-minors-priests-deacons-english/>

## Articles for teens and families:

Life and Dignity of the Human Person: <http://www.usccb.org/beliefs-and-teachings/what-we-believe/catholic-social-teaching/life-and-dignity-of-the-human-person.cfm>

## Video Links:

**Sextortion PSA:** <https://www.youtube.com/watch?v=NzKLcvUQAqA&feature=youtu.be>

**Cyberbullying:** <https://youtu.be/HBiS4GUuBVA>

## Other:

### Safe Environment Programs at Parishes and Catholic Schools

Many safe environment activities are conducted at parishes and Catholic schools throughout the archdiocese. Here is a partial list of those important activities:

- Recruit and screen volunteers and employees
- Track the Essential 3 for all volunteers and employees
- Host VIRTUS safe environment training sessions
- Ensure that all events at the parish or school follow policies and best practices for the safety of children and youth
- Share safe environment information with parents, parishioners and others
- Conduct and track personal safety lessons for children and youth
- Report annually to OPCY regarding compliance with the Essential 3 and children and youth safety lesson requirements

*Grades 9 – 12*

*NCMEC\*, NetSmartz: Real World and Internet Safety (high school level) and/or VIRTUS:*

*Protecting God's Children, Touching Safety (for grades 9 – 12)*

## Opening Prayer - Handout

### Prayer for Teens

In the name of the Father, and the Son, and the Holy Spirit...

We offer to you, Loving God, the gifts and needs of youth.  
Bless them with your guiding grace as they face the challenges  
and opportunities in their lives.

Touch their hearts with the gentleness of your love,  
that they may know they are valued and loved.

Send your spirit of hope to their lives,  
that they may believe in themselves and know they are needed in this world.

Grace them with the gift of joy  
that they may celebrate life through laughter and tears alike.

Guide us, as we make our way on this journey,  
help us to find our place in this community called to discipleship and service to the world.  
We ask this in Jesus' name.  
Amen.

*[Sign of the Cross]*